



SHIELD YOUR SPACE

--
HOW TO MAKE YOUR OWN
PROTECTION AMULET

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SAFEGUARD YOUR SPACE

Protect your house and everyone in it with a home-made amulet!

In this eBook I describe how to make your own space protector.

Hang it up over your front door to prevent negative energies from entering and to clear any energy you bring into the house.

Read on to learn how to prepare and what ingredients you need to support a stable energy at home.

DID YOU KNOW ?

You can set the intention for protection, but also to invite in love, health and/or abundance.

“Intention is the birthplace
of success.”

INSTRUCTIONS

Find a little drawstring bag that you can put your ingredients in.

Green is a good colour, so is black.

An natural material like jute is also a good choice.

Intuitively pick & choose ingredients from the the next paragraph. Not all have to be used, feel what is needed in your space.

The crystals may be unpolished and/or chips.

When it feels finished, hold the bag and set its intention.



INGREDIENTS

- | | |
|-------------|------------------|
| Sage | Clear Quartz |
| Bay Leaves | Obsidian |
| Rosemary | Black Tourmaline |
| Cedar | Garnet |
| Verbena | Citrine |
| Cinnamon | Turquoise |
| Lavender | Hematite |
| Chilli | Rose Quartz |
| Tobacco | Amethyst |
| | Labradorite |
| Salt Grains | |
| Peppercorns | Coins |

Handle with Care:
Glass Fragments
Mirror Fragments

FINAL WORDS

MAINTAINANCE

YOUR AMULET CAN BE 'FED'
MONTHLY BY SMUDGING IT
WITH THE SMOKE OF INCENSE.
THANK IT FOR TAKING CARE OF
YOUR SPACE.

WHEN YOU ARE READY TO
DISPOSE OF YOUR AMULET,
THANK IT AND RELEASE IT INTO
THE SEA OR BURY IT.

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